



INGREDIENTS

- 4 cups raw spinach
 4 cups romaine lettuce
 2 cups chopped red, yellow,
 orange bell pepper
 2 cups grape or cherry tomatoes
 1 cup chopped broccoli

- 1 cup chopped cauliflower 1 cup sliced yellow squash 1 cup sliced zucchini 2 cups sliced cucumber 2 cups chopped baby carrots

DIRECTIONS

Wash all of the vegetables and mix them togetc)