

# Forensic Peer Support: Research & Implementation Science Perspectives

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# Mechanisms & Contributions

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# Mechanisms of Peer Support

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## Sense of community/sense of belonging

- Especially important in the context of stigmatized group identities/experiences
- Criminal justice record – housing & employment

## Other psychological variables

- Hope, confidence, positive self regard

## Experiential knowledge

- Navigating systems, benefits
- Managing symptoms, substance use
- Social rejection, discrimination

## 'Connector' and 'bridge' functions

- Clinical > community resources
- Clinical > social/community relationships



# Post Incarceration Syndrome (Gorski; Liem & Kunst, 2013)

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## Institutionalized personality traits

Stem from deprivation experienced during incarceration & the often high threat prison environment

Chronic learned helplessness

Psychological defenses

E.g. behavioral adaptation to deal with threats/coercion/bullying

## Social sensory deprivation

Prolonged exposure to solitary confinement

Restricted social contact

Restricted sensory experience

Also valuable parallels 'fup' <sup>toto</sup> m0DÀ 0



# Organizational Preparation

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# Training in Other States

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GeorgeDBHDD  
week long





# QUESTIONS

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