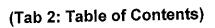
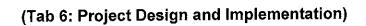
(Tab 1: Cover Page)



(Tab 3: Statement of Mandatory Assurances)





- Be developed with input from the team of partner providers and others as applicable
- Be a comprehensive plan and include all of the components required
- Be reviewed by the team, including the participant

## The components will include:

- . General conditions that apply to all participants on Conditional Release
- Specific conditions related to each participant's recovery plan
- Specific provisions for residential treatment or adequate supervision
- An agency agreement to treat
- A plan to monitor compliance
- A Statement of Understanding and Consent

The partners involved in the proposed project will utilize the following evidenced-based practices that are recognized by the National Registry of Evidence-Based Programs and Practices (NREPP) for assessment, treatment, and recovery support for the participants. The following evidence-based curricula will be utilized under the general umbrellas of Comprehensive, Continuous, Integrated System of Care and Motivational Interviewing (CCIS): Matrix Model, Medication-Assisted Therapy (MAT), Motivational Interviewing (MI), Accelerated Resolution Therapy (ART), Seeking Safety, Helping Women Recover: A Program for Treating Substance Abuse, and Beyond Trauma: A Healing Journey for Women, if applicable. All contracted community service providers will utilize a Modified Therapeutic Community (MTC) with increased flexibility, enhanced individualized treatment, and reduced emotional intensity, where residents learn through mutual selfhelp and support to foster change in themselves and others and improve their quality of life. The goal of MTC is to promote abstinence from alcohol/illicit drug use, decrease antisocial behavior, and affect a global change in lifestyle and values. This program will integrate substance abuse and mental health services, medical and psychiatric services, individual and group counseling, parenting interventions, family supports, child visitation, random urine drug screens, onsite GED classes and employment services, all day nutrition and shelter needs, and socialization ranging in intensity as they progress through the program and re-enter the work force. The treatment teams will work to ensure stable housing prior to discharge, as well as all necessary family support services.

The Comprehensive, Continuous, Integrated System of Care (CCIS), mentioned earlier and an EBP that will be used in this Project, is designed to improve systems of care for treatment of co-occurring disorders (COD). This model is based on these principles: (1) COD are an expectation, not an exception; (2) successful treatment requires integrated care through multiple treatment episodes; (3) continuous integrated treatment requires treatment relationships that balance structure and flexibility; (4) both mental health and substance use disorders should be considered as primary disorders; (5) both mental health and substance use disorders can be characterized by parallel phases of recovery; (6) there is no single correct COD intervention; interventions should be individualized; (7) discrete level of care assessment is required for each disorder. Analysis of the effectiveness of integrated treatment for COD among 36 studies showed that ten

## Attachment C

## **Project Timeline**

|                         |   | ·   |
|-------------------------|---|---|
| Start and<br>Completion | Completed within 90 days of execution of contract   |   |
| Responsible<br>Partners | Program Director, Project Director, All stakeholders, PSCC, AOC, contracted community service providers   |   |
| Milestones              | Selection of evidence based practices and tools Execute contract with AOC AOC execute contracts with contracted community service providers  AOC and contracted community service providers hire relevant staff are trained in the evidence based models and tools to be used in the Program  Data collection systems                                   | are ready to record<br>participant level<br>information for this<br>Program |
| Key Activities          | Set regular monthly meetings with stakeholders to design how the services and community provider agencies will work with the Court to identify, enroll and evaluate potential participants.  Chose types of evidence based interventions to utilize  Select screening and evaluation tools  Train relevant staff on evidence based tools and treatments |   |
| Objectives              | Develop Specific Program Design, Implementation Plan, Data Collection   |   |
| Goals                   | Establish processes for DPTI enrollment and expanded service provision  |   |